

What Fruit we eat and when

	January	February	March	April	May	June	July	August	September	October	November	December
APPLES	Stored	Stored	Stored								Stored	Stored
PEARS												
PLUMS												
CHERRIES												
GOOSEBERRIES												
BLACKCURRANTS												
RED CURRANTS												
WHITE CURRANTS												
RASPBERRIES												
GRAPES												
STRAWBERRIES												
BLUEBERRIES												
APRICOTS												
PEACHES												
NECTARINES												
KIWIFRUIT											Stored	
BLACKBERRIES												
RUBUS												
FIGS												
RHUBARB												

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