

























































































































































































# What, when and how much we eat ....

Feeds about 6 people – all year

Picked and eaten fresh from the garden	
Stored as harvested	
Dried	
Frozen	
Bottled	

			Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
POTATOES	Early – half under glass	4 x 12' row												
	Second Early	1 x 12' row				P								
	Main crop	12 x 12' rows (96 plants)												
TOMATOES	Greenhouse	20 plants			S		P							
CARROTS	Early	2 x 12' rows			S									
	Maincrop	3 x triple 12' rows under enviromesh						S						
PARSNIPS		6 x 12' rows				S								
BEETROOT	Early	1 x 12' row			S									
	Globe type	2 x 12' rows					S							
	Long rooted type	2 x 12' rows					S	S						
SPINACH	Leaf beet	4 x 12' rows				S								
SALSIFY		1 x 12' rows				S								
LEEKS		12 x 12' rows					S		P					
ONIONS	Japanese Sets	5 x 12' rows									P			
	Main Crop (Sets)	10 x 12' rows												
SHALLOTS		3 x 12' rows												
GARLIC		4 x 12' rows												
COURGETTES (& MARROWS)		12 plants					S	P						
PUMPKINS & SQUASHES		24 plants					S	P						
CUCUMBER	Outdoor	8 plants					S	P						
SWEET CORN		100 plants					S	P						
BROAD BEANS	Greenhouse	24 plants		S										
	Outside	4 x 12' row											S	
PEAS	Mangetout - greenhouse	30 plants		S										
	Early Maincrop	4 x 12' row					S							
BEANS FOR DRYING	dwarf beans	10 x 12' row					S	P						
	climbing beans	2 x double 12' rows					S	P						
FRENCH BEANS	Greenhouse	20 plants			S	P								
		1 x Double 12' row					S	P						
RUNNER BEANS		1 x Double 12' row					S	P						
CABBAGE	Winter varieties	4 x 12' rows (32 plants)						S		P				
	Spring varieties	6 x 12' rows (60 plants)									S	P		
CAULIFLOWER		4 x 12' rows (24 plants)					S		P					
BROCCOLI		3 x 12' rows (18 plants)					S		P					
BRUSSEL SPROUT		2 x 12' rows (12 plants)				S	P							
KALE		2 x 12' rows (12 plants)				S	P							
LETTUCE	Valdor - over wintering variety										S			
	Summer lettuces				S	S								
SALADINI				S							S		S	
SORRELL	perennial		